



ESSENTIAL PRACTICE



Transparency

ESSENTIAL PRACTICE MASTERMIND 2020



ESSENTIAL PRACTICE

*We have this business and
community with which to grow
ourselves; emotionally, intellectually,
financially, and philanthropically.*

Welcome to Summer School.

Together we will focus on each aspect of your growth.
This is business with heart, fierce clarity with LOVE.
This is a series of practices and remembrances for staying
true to yourself while staying true to your purpose.

A photograph of a sandy dune with sparse, dry grass and a clear blue sky. The dune is in the foreground, sloping upwards towards the right. The sky is a pale, clear blue with some very light, wispy clouds. The overall scene is bright and sunny.

Daily Tasks throughout this Mastermind:

1. Commit to establishing peace in your home
2. Move any stagnancy in your body, mind or space
3. Settle and collect energy in your body.
4. Your version of prayer, mantra, connection, meditation.

Giving direction to your mind and body to sculpt your state.

Create a sturdy container for the **circuitry of gratitude** in order to honour your commitments:

I am a steward of the gifts of the earth.

I continually deepen my purpose, knowledge and skills.

I begin and end in integrity.

I am part of a greater cause.

I am a steward of the abundance that flows from my business.



The more transparent I am, the more people are eager to talk with me, work with me and walk with me.

QUESTIONS TO ASK

How many questions can I ask in order to learn more about this person, their household, what matters to them?

How can I be more thoughtful, considerate, pointed, caring?

How can I offer experiential information about our uses and realizations?

Best ways to get in touch and stay in touch:

Text - Phone - Designed email - I've found personal touch is best. Asking more questions.

Transparency as honesty in our communications:

“Finally I'm taking myself seriously as a business owner.”

At last I'm seeing the value in what doTERRA offers us; a fully functioning back office FREE, this team's extensive education which is here for all (customers AND those building a business).

I'm learning that denying the possibility of earning money for sharing what's true for me isn't serving anyone.

ACTION > RESULTS > BELIEF

Mindset is everything. Determine the emotion you wish to feel around your growing business.

Examples: Competence, joyfulness, wholeheartedness, clarity, honesty.

BE GOOD TO YOURSELF. Take care of your heart and your mind. Cultivate a relation to that emotion, and repeat it.

Premier Mindset

I have found two partners who wish to rise with me.

These partners are teaching, learning and serving with me.

Both are enrolled by me, and have reached the rank of Executive consistently.

I have a total of 5000 OV easily.

I teach the value of doTERRA once I've asked questions, shared what I know and continuously sample, live the Oils, and grow my own sense of self-worth.

I am now business-oriented.

I love cooperating with others.

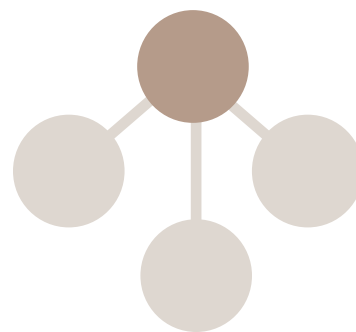
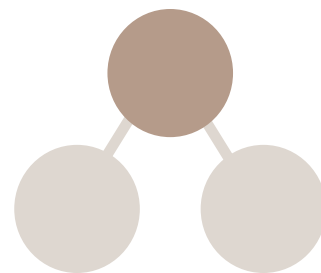
I enjoy growing.

I study the sourcing videos and Healing Hands initiatives, and I trust in doTERRA.



Assignments

1. Watch Essential-Practice.com > START HERE > Business Overview.
2. List the five ways you'll earn with doTERRA.
3. Rewrite your why.
4. Make a tiny vision board on it. Inspiring words, images, perhaps include your why.
5. Begin to draw your team as Premier, Silver or beyond. Include blanks where a partner will land. See diagrams if you prefer spherical rather than linear.
6. Oils to use daily; look up the emotional components of each and teach them to your teams as you experience them.



OILS TO USE

Neroli on pulse points

-transform toxic energy, particularly from earlier in life

Balance on back of neck

recalibrate and adapt to this new transparent way of thinking

Elevation and Coriander in diffuser

- 4 drops each.

- to elevate, generate, flow with life
- to trust yourself, stay in integrity

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DAILY TASKS

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